Explore the natural wonder of Aomori with this new, active style of a travel!

AOMORI MOBILITY

TEAM AAA AOMORI ACTIVITY AGENCY

Members who provide activities in Aomori Prefecture have gathered here

Team AAA formed by players familiar with various fields.
In addition to acting as an artist of AOMORI MOBILITY's efforts, we propose innovative mobility by guidance and cooperation on each activities

CYCLING
CANOE
TREKKING
CLIMBING
RAFTING
SHOWER CLIMBING
BACKCOUNTRY
HORSEBACK RIDING

TEAM AAA MEMBER

MAP & DIRECTIONS

SHIRAKAMI-SANCHI /HIROSAKI

Tokyo
Tohoku bullet train 180min,
Shin-Aomori sta.
Train 40min,
Hirosaki
Bus 90min,
Shirakami-Sanch

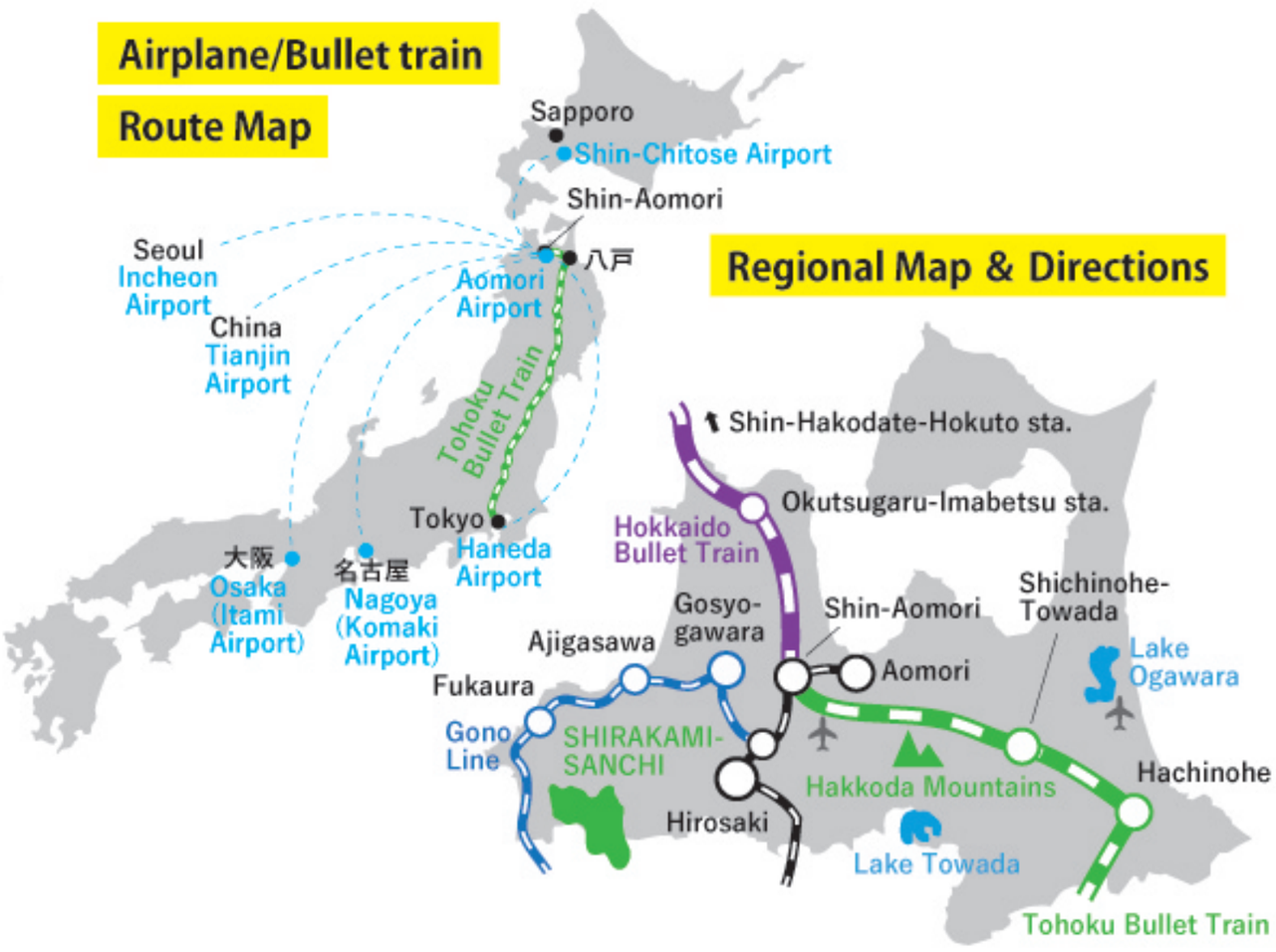
Tokyo
Airplane(JAL) 75min,
Aomori Airport
Bus 60min,
Hirosaki

TOWADA /OIRASE

Tokyo
Tohoku bullet train 180min,
Shin-Aomori sta.
Bus 120min,
Towada/Oirase

Tokyo
Airplane(JAL) 75min,
Aomori Airport
Taxi 100min,
Towada/Oirase

Airplane/Bullet train Route Map



Regional Map & Directions

CYCLING"New active style of a travel to enjoy the wilderness of Aomori

AOMORI MOBILITY

AOMORI-MOBILITY.COM

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AOMORI MOBILITY

RECOMMENDED PLAN

3 Days Mobility Plan

NATIONAL PARK ROUTE

Towada Hachimantai National Park Hakkoda･Oirase Route

CYCLING

CANOE

TREKKING

CLIMBING

WORLD NATURAL HERITAGE ROUTE

World Heritage Site, SHIRAKAMI-SANCHI Route

CYCLING

TREKKING

RAFTING

SHOWER CLIMBING

Enjoy the view and gourmet unique to Aomori

2 nights Cycling Accommodation Plan with Road Bike

Preparing the best cycling 1 night plan with special dinner,breakfast and bicycle rental at accommodations in Aomori Prefecture.

"Departure and Arrival Courses" are ready to enjoy for cyclists of all levels; from beginner to an advanced according to your physical fitness level. Pick the course that's best for you and enjoy cycling in Aomori Prefecture.

Departure and Arrival Cycling Course to choose

With 1 night + 2 meals

Road Bike Rental

About details of the plans

Cycling Information Site in Aomori Pre. *"AOMORI CYCLING"*

AOMORI-CYCLING.COM

AOMORI MOBILITY

Evolution

Go forward on your way by yourself using technological advances through the natural wonders of Aomori.

For thousands of years, mankind has harnessed the power of nature to accomplish many things all while living together with nature.
Some formed bonds with horses and rode, and some learned the flow of water and navigated the waves in boats. While the tools and means developed differently, utilizing the power of nature has remained invaluable since ancient times.

However, as engines and motors were invented and popularized in the last 100 years, people have strayed from their natural roots in favor of mechanical convenience and this sudden change has caused many environmental problems.

In an effort to reestablish that ancient relationship with nature, through the use of top of the line carbon bicycles and high-performance rafting boats, we aim to reclaim that bond with the natural world and challenge you to embrace a more active life and travel style.
While the environment may not see change overnight, we all can learn from the experience and change how we act little by little.

Deepening

Take on a new adventure! Challenge yourself to overcome obstacles while deepening the bonds with loved ones and companions!

For a long time, tourism in Aomori has faced difficulties with transportation due to lack of subway and bus services.
But now, with AOMORI MOBILITY, you can experience the same convenience of a quick subway ride via dynamic and exciting modes of transportation that immerse you in the natural world.

"Discover a sense of unity with nature" and "feeling of accomplishment by overcoming challenges and obstacles"

Through AOMORI MOBILITY, we provide you with the opportunity to recover the connection between humans and nature while deepening bonds with those important to you.

Experience the nature, food
Aomori through dynamic mo

World Natural Heritage Site,
SHIRAKAMI-SANCHI

白神山地

世界自然遺産

"World Natural Heritage Site, Shirakami Sanchi" is a vast mountainous area of about320,000acres spanning Aomori Prefecture and Akita Prefecture. It has nurtured diverse flora and fauna and remains largely unspoiled. Rain and snow falling in the mountains follows and flows with the river, and raises agricultural crops in villages. It is a moment in which you can feel and experience the circulation of nature. Rafting down the Iwaki River after the snow from the Shirakami mountains has melted increase the amount of water in spring, making for a very exciting experience.

Shirakami Mountains Hiking

An adventure that ventures deep into the forest led by mountain guides and local hunters called Matagi. It will definitely change your view of life when you finally reach the secluded parts of the forest that you cannot see or experiencing on your own.

BBQ in the Starry Night

Night of the Shirakami Mountains. Looking up at the jet black sky, the glittering stars are waiting there. BBQ cooked with local ingredients and served with local sake makes for a special dining experience.

and culture of vement

HIROSAKI

弘前

Hirosaki City produces the most apples in Japan and is also famous for Hirosaki Castle, a location with beautiful cherry blossoms which, while in full bloom are the symbol of city. Because it is a castle town where history has been carved for about 400 years, the samurai residences, merchants and temples come together in a beautiful cityscape, allowing us to experience a living history.
Cycling is perfect for exploring trails and back alleys that are unique to such a castle town. In learning the origins of buildings and geographical names, you will be able to find and experience the intriguing history and culture of Hirosaki City.

Kogin Embroidery

Tested by Tsugaru's harsh winter, Kogin, a type of hand-embroidery, is woven with the wisdom and tradition that survives the coldest temperatures. The art of Kogin embroidery has been handed down from generation to generation and is still appreciated today for its aesthetic value.

Castle Town Cycling

You can enjoy cycling in a maze-like pathway while learning about the historic buildings that remain in Hirosaki City as well as the origins of the town's name.

Iwaki River Rafting

Rafting with a sense of adventure! This activity is recommended for company retreats and team challenges. Embrace the memories and possibilities of youth with an open mind while you overcome the adventure with your team.

Canoeing Touring

Float through a maze of partially submerged trees with a partner. By working together, you will navigate the quiet waters and grow closer together as a team.

Hirosaki Park

Known as one of the 3 greatest cherry blossom parks in Japan, Hirosaki Castle in the park is, needless to say, very well-known in Japan. Take a leisurely walk and enjoy the beauty of the seasons and scenery only to stop for a moment to take a picture.

八甲田山
HAKKODA MOUNTAINS

Hakkoda mountain known as one of "100 Mountains of Japan" is a name for multiple volcanoes ranging over 18 mountains starting with Odake (1,585 m) as the main peak. There are several climbing courses that even beginners can enjoy. When hiking to the peaks of Odake, you can take in the beautiful fresh green and autumn leaves. At the summit, you will enjoy the great panorama view and experience the wonderful sense of accomplishment of having finished the climb. During the winter season, people from all over come visit the fields to enjoy various outdoor activities, such as playing in fresh powder snow or sewing ice sheets.

LAKE OGAWARA

Lake Ogawara is a place with a long history of nature and people living close together, dating back as far as 9000 years ago with the discovery of pottery and mounds. This southern region, has a rich history intertwined in a partnership between people and horses. Horses are highly intelligent and have wide and rich emotions that you can see in their loving, clear eyes. When you mount your horse and look at the view from upon its back, you will feel dignified and uplifted at the same time. At that moment, you will gain a sense of unity with nature and learn that animals and nature are irreplaceable partners for human beings.

Hakkoda Ropeway

The Hakkoda Ropeway operates throughout the year and takes about 10 minutes to arrive at the Mountaintop Park Station of Tamoyachi-dake. During the winter season the Trees covered with silver snow are called Snow Monster is truly a sight to behold.

Sukayu Onsen

Sukayu is the trailhead for the hike, known for heavy snowfall zone in winter. The Sukayu Onsen is close by and is a renowned hot-spring resort.

Kenashi-tai

The wetland of the green season is spectacular, but during the fall with autumn leaves, you can witness a brilliantly colored wonderful view.

Odake

Also known as, "Hakkoda Odake," Odake is the highest peak of the Hakkoda mountain range. From the summit you can look down over Mutsu Bay and Iwakiyama. This is an accessible hike, even for beginners.

Wild Root Bent Bamboo Shoot

Hakkoda mountain is also a treasure trove of wild vegetables. Among them, root bent bamboo which is born from typical Chishima-bamboo grass. It is very good and doesn't have a harsh after taste. It is useful as a food preservative for simmered dishes.

小川原湖

Lake Ogawara Horseback Riding

Go on a horseback ride through the woods and farmland to the lakeside while enjoying a connection with people and nature. This ride is suitable for everyone, even beginners who may have little experience with horses.

Lake Ogawara Cycling

This activity is suitable for riders of all skill levels or family outings and has a variety of courses such as the one-round course of the Lake, known as "Oga-ichi(ichi means 1)". It also features food and culture experiences such as hot springs and eels

Lake Ogawara Kayak

The charm of Lake Ogawara is that despite being the largest lake in Aomori Prefecture, it is very shallow with the water coming up to knee height. Therefore children can play safely in the lake. Let's deepen your family bonds.

Fishing on a Glacier

Lake Ogawara, known as the Treasure Lake, is blessed with an abundance of fish and fishing resources. During the winter season you you can enjoy fishing on the frozen lake. After you're done fishing, turn your catch into delicious Tempura!

Tsuta-numa Pond Hiking

During the early morning, Tsuta-numa Pond has a truly impressive and spectacular view of symmetry that shimmers upon the lake's surface. The breathtaking beauty and excitement is worth seeing at least once in a lifetime.

Oirase Gorge Cycling

Cycling along a mountain stream surrounded by ancient woods, when you feel the fresh air with the scent of the forest, you will instinctively take a long, deep breath.

Oirase Gorge Stream Fishing

You can also enjoy fishing around Lake Towada. If you purchase a recreational ticket, you can fish Hime-masu(Lake Towada Kokanee Salmon), Char, etc. while they are in season.

Lake Towada Early Morning Canoeing

The quiet lake at dawn is like a mirror. Savor the moment when the solitary light of the sun slips through mountains to illuminate the lake's surface.

十和田湖・奥入瀬渓流

LAKE TOWADA/ OIRASE GORGE

Oirase gorge is like a beautiful painting created in ancient times surrounded by moss and forest with waterfalls and clear streams changing and shaping the lush green canvas. The water source is the mysterious lake, "Lake Towada " that boasts a beautiful blue color. Glide across surface of the water in your canoe, like a fish swimming smoothly alongside birds fluttering along the lake surface and reaffirm that we are also part of nature. There is time to breathe deeply, to quietly face ourselves and reflect. This is often best experienced in the early morning.