

*Information displayed here is recent to July 2020.

Business hours and closure days written here are for the summer season.



Aomori Gyosai Center The Original "Nokke-don"

Experience "Nokke-don" inside the Aomori Gyosai Center, Choose from the various fres seasonal seafood and other dishes lined up within this indoor market, and pile as muc as you like onto your bowl of rice. Enjoy interacting with the local shopkeepers and di to your own personalized seafood bowl!

₹030-0862 Aomori-ken Aomori-shi Furukawa 1-11-16





WA RASSE Nebuta Museum

The award-winning floats from the Aomori Nebuta Festival are displayed here. While the festival is held only in the summer, you can enjoy seeing the Nebuta floats year round.

₹030-0803 Aomori-ken Aomori-shi Yasukata 1-1-1 tp://www.nebuta.jp/warasse/foreign/english.html

Open: 9:00 am - 7:00 pm (May - August)



Road Station Asamushi Onsen YU~SA Asamushi"

YU~SA Asamushi is a Road Station with a built-in hot spring. Enjoy a great view of Mutsu Bay while soaking in the bath, or buy local products in the ouvenir corner and farmers market.

₹039-3501 Aomori-ken Aomori-shi Asamushi Hotarudani 341-19 TEL: 017-737-5151 Open: 9:00 am - 7:00 pm



Hiranai Marugoto Gourmet Hall

nranan rown is a leating producer of Japan's sea scallops, and the wardgot odourle. Hall is a restaurant that specializes in scallop cuisine, a rarity even in Japan. Try a mer specifically tailored to utilize these prized local scallops. We recommend the "Hiran otate Katsu-gozen", a tray of delicacies made with the freshes

agikake 56 esday 11:00 - 15:00 (L.O. 14:30) Closed : Wednesdays





EL: 017-755-2663

arieties of beautiful flowering orchids.

₹039-3331 Aomori-ken Higashitsugaru-gun Hira





Shibasaki Health Recreation Facility

is facility is located at the top of a small mountain and has fantastic scenic views ampground, and bungalows.

₹ 039-3177 Aomori-ken Kitakami-gun Noheii Shibasaki 10-5 L: 0175-64-7952 (Forest General Center) en : Late April - end of Octobe





Noheji Iki'iki Jōyatō Market

You can buy the best that Noheii has to offer at this farmers market, including freshl

∓039-3131 Aomori-ken Kitakami-gun Noheji Noheji 567

Open: 9:00 am - 5:00 pm Closed: New Year Holidays

Takanosaki Cape





Road Station Yokohama "Nanohana Plaza"

his is a road station in Yokohama Town, famous for the annual "nanohana" cano wer blossoms. You can buy local goods in the souvenir shop and taste the loca avors in the restaurant. The popular canola flower donuts make the perfect snack.

TEL: 0175-78-6687 Open : 8:00 - 18:00 (April - December)

Closed : New Year Holidays

Road Station Imabetsu

pen : 9:00 - 7:00 pm (April - Novembe

Peninsula Plaza ASUKURU"

his Road Station is connected to both the Okutsugaru-Imabetsu Station on the

Hokkaido Shinkansen Line, and the Tsugaru-Futamata Station on the JR Tsugaru Lii fou can enjoy the rare and highly coveted A5 Imabetsu Wagyu beef in the restaura



₹039-4114 Aomori-ken Kitakami-gun Yokohama Mameda 127 Open: 8:00 am - 6:00 pm (April - October

Dyama Furusato Museum

osed : Mondays (or Tuesday if Monday is a public holiday



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Mutsu Kasamai-kan

e Mutsu Kasamai-kan is a facility that provides information on tourism and productical Shimokita dialect, "Kasamai" is an invitation beckoning you to come.

ining the heart and soul of the local farmers, the "Momotaro Tomatoes" are

oular item in Yomogita Village. Inside the restaurant, you can enjoy the view of the se

hile eating pasta or omelette & rice made using these famous to

F035-0034 Aomori-ken Mutsu-shi Tanabu 10-1 Open: 9:00 am - 21:00 pm Closed: New Year Holidays

Marche YOMOGITA

₹038-1331 Aomori-ken Higashitsu

国路级

EL: 0174-31-3040





The Andokan is designed in homage of the Ominato Naval Port Headquarters th pearance. Inside, you can enjoy the cafe and shop, or get useful tourist info splayed in the lounge

he Village Station Yomotto is located along the National Highway 280, and offers all the

arge variety of fresh seafood is the pride of the area.

tp://www.vill.yomogita.lg.jp/kankou/kankou_1.htr

en : 8:00 am - 6:00 pm

〒035-0094 Aomori-ken Mutsu-shi Sakuragi 3-1 s://www.city.mutsu.lg.jp/index.cfm/16,39140,32,801,html Open: 10:00 am - 8:00 pm Closed: New Year Holidays





ne Road Station Tairadate is situated within the Tsugaru National Park. Some sights e are the beautiful white Tairadate Lighthouse and the Matsumae Kaido, a line of pir ees that continues for a full kilometer along National Highway 280.

7 030-1402 Aomori-ken Higashitsugaru-gun Sotoga EL: 0174-25-2092

DOLPHIN WATCHING

Open: 10:00 am - 4:00 pm Closed: Tuesdays

MUTSU BAY



eninsula and Tsugaru Peninsula, you ma

come into contact with pods of wild Pacific

ucky enough to see them swim along the

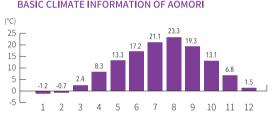
side of the ferry or jump into the air.

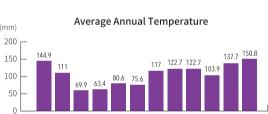


TRAVEL GUIDE

IN ORDER TO ENJOY AOMORI In order to enjoy cycling in Aomori, we introduce climate information and the best clothing options according to the season.







Annual Average Precipitation

The cycle jersey has a quick drying function to evaporate perspiration and prevent body temperature from rising, allowing comfortable riding.

RECOMMENDED CLOTHES ADAPTED TO TEMPERATURE

As an anti-chill measure on descents, wearing an arm warmer or carrying a pocket-sized windbreaker is recomm

Combine long pants or half shorts + tights. In addition, covering your neck is great protection from the cold.

> Minimizing exposed parts of the skin and taking percautionary measures against the cold weather are very important. Consider using earwarmers and gloves.





A characteristic of the Tohoku region,

Yamase is the local name for northeasterly

winds that blow in from the Pacific Ocean in the summer (June to August). As this wind blows, it may be cold even in the summer, so you need to be careful with what you wear.



ormations. The Shiosai Bridge and Nagisa Bridge connect the mainland to the roc

the cape tip, where you can see Cape Tappi, Shimokita Peninsula, and even Hokkaido

₹030-1513 Aomori-ken Higashitsugaru-gun Imabetsu Horo



Nanbuya Kaisenkaku



TEL: 0174-31-5200

039-3331 Aomori-ken Higasl





L: 0174-22-2577

n : 9:00 am - 4:00 pm

Makado Kanko Hotel



首都於

ical items like daily necessities and farm tools are displayed here, as well as reli

vated from Ohira Yamamoto Site, Japan's oldest known Jomon archaelogical si







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Kanita Main Office

TEL: 0174-22-3020

Rvutsu Center TEL: 0175-44-3371

〒030-1302 Aomori-ken Higash Chushimivamoto 160

http://www.mutsuwan-ferry.jp

Fare (Kanita~Wakinosawa, one-way)

1 Adult - ¥1,950 / 1 Bicycle - ¥850



Mutsu Bay Ferry Inc. Kanita Wa

∓039-5327 Aomori-ken Mutsu-shi Wakinosawa Honson 227













winto-oti 特許 第3644945号 商標登録 第4896048~9号 No.1818

ACTIVITIES AND CYCLING GUIDES



For more nature activities in Aomori beyond cycling:

Aomori is blessed with great natural beauty, so there are many activities including Sea Kayaking and SUP (Stand Up Paddleboard). You can also request for a cycling guide to lead you on your trip.

4-Ride ∓030-0122 Aomori-ken Aomori-shi I 114-1



BBB Aomori Tour Guides ∓036-8345 Aomori-ken Hirosaki-shi Kuranushi 9-21 TEL: 0172-78-5090 https://ca101d.com





Sii Line Inc. ∓038-0012 Aomori-ken Aomori-shi Yanagawa 1-4-1

TEL: 017-722-4545 https://www.sii-line.co.jp/en/ Fare (Kanita~Wakinosawa, one-way) 1 Adult - ¥2,660 / 1 Bicycle - ¥740

available capacity. Motor vehicles cannot suspended depending on weather





oimori Railway

L: 050-2016-1600 (6:00 am - midnight) https://www.jreast.co.jp/e/ sembled and enclosed in a bicycle bag. nbined height, width, and depth less thar







Cycling information web site of Aomori Prefecture

AOMORI CYCLING

TEL: 017-718-8577 *Activity and guiding fees depend on participant number and scale. Please inquire for more information